Elevate your
Greatness
Within

ICF
Singapore
Charter Chapter

INTERNATIONAL
COACHING
WEEK

MAY 8-12 2023

More details about the event:-
In-person: May 8 and May 12
Online events: May 9-11

Scan to register on our website for the ICW 2023

SCAN ME

Elevate your
Greatness
Within

ICF Singapore Charter Chapter

INTERNATIONAL COACHING WEEK

MAY 8-12 2023

ABOUT INTERNATIONAL COACHING WEEK

International Coaching Week is an annual celebration of the power and impact of professional coaching. International Coaching Week 2023 will take place **May 8-12, 2023.**

Launched in 1999, ICW educates the public about the value of working with a professional coach and acknowledges the results and progress made through the coaching process. **This year marks the 25th anniversary of International Coaching Week.** We hope you can join us!

More than 100 ICF Chapters worldwide participated in ICW 2022. They hosted 1500-plus events, including webinars, workshops, panel discussions and pro bono coaching sessions.

So this 2023, come and join in the global celebration. **ICW is not an event to be missed!**

OUR THEME FOR ICW 2023

"Elevate Your Greatness Within"

Greatness is not something you are born with; rather, it is something you can cultivate through intentional effort and self-improvement. Learning, expanding and taking your personal growth to the next level so that you can reach your maximum potential.

Elevating Your Greatness Within requires self-awareness, intentional actions, and consistent effort. Having a growth mindset, surrounding yourself with positivity, practicing self-care and learning from failures are all important.

As a coach, self-work is constant. This year, our theme revolves around bringing out the best from within each of us - in order to be of the truest service to our clients and industry.

WHO ICW IS FOR

EXPERIENCED COACHES

- ICF credentialed coaches & members
- Non-ICF affiliated coaches
- Runs a coaching practice whether as an interest or full-time
- Already an existing thought leader / expert

ASPIRING COACHES

- Considering joining the coaching profession
- About to embark or already enrolled in coach training
- Thinking of starting a coaching practice

RELATED PROFESSIONS

- In related learning profession
- Considering coaching as a tool or keen to understand coaching
- Running a business team and keen to learn how coaching can help

For more information: www.icfsingapore.org/icw-2023-elevate-your-greatness-within

Elevate your
Greatness
Within

ICF Singapore Charter Chapter

INTERNATIONAL COACHING WEEK

MAY 8-12 2023

OUR THEME FOR ICW 2023

"Elevate Your Greatness Within"

Greatness is not something you are born with; rather, it is something you can cultivate through intentional effort and self-improvement. Learning, expanding and taking your personal growth to the next level so that you can reach your maximum potential.

Elevating Your Greatness Within requires self-awareness, intentional actions, and consistent effort. Having a growth mindset, surrounding yourself with positivity, practicing self-care and learning from failures are all important.

As a coach, self-work is constant. This year, our theme revolves around bringing out the best from within each of us - in order to be of the truest service to our clients and industry.

For more information: www.icfsingapore.org/icw-2023-elevate-your-greatness-within

Elevate your Greatness Within

ICF Singapore Charter Chapter

INTERNATIONAL COACHING WEEK

MAY 8-12 2023

In Person Events	May 08, 2023 | 1:30 PM - 2:00 PM	**Pre-event Networking**
	May 08, 2023 | 2:00 PM - 2:30 PM	**Opening of ICW 2023** - Magdalena Nowicka Mook
	May 08, 2023 | 2:30 PM - 3:30 PM	**Kairos to Achieve Significance: Elevating coaching culture for the Greater Good** - Ian Wong
	May 08, 2023 | 3:30 PM - 4:30 PM	**Accessing The Innate Wisdom From Your Past** - Dr. Saba Hasanie
	May 08, 2023 | 5:00 PM - 6:00 PM	**Elevate Your Coaching Greatness with a Proven Thought-Leadership Formula** - Jimmy Naraine
	May 08, 2023 | 6:00 PM - 6:30 PM	**Energiser Session: From Fear to Fit - The Synergy of Exercise and Coaching**
Online Events	May 09, 2023 | 08:00 AM - 09:30 AM	**The Future of Marketing : Embracing AI to Elevate your Greatness** - Cham Tang
	May 09, 2023 | 01:00 PM - 02:30 PM	**Coaching The Elevation of Potential** - Zoran Todorovic
	May 09, 2023 | 07:00 PM - 08:30 PM	**What role does supervision play in deepening your team coaching practice?** - Dr Alison Hodge
	May 10, 2023 | 08:00 AM - 09:30 AM	**Elevate Your Coaching Impact in Disruptive Times** - Tom Ziglar
	May 10, 2023 | 07:00 PM - 08:30 PM	**Your Greatness Within - Strengths versus Weaknesses** - Julie Hay
	May 11, 2023 | 08:00 AM - 09:00 AM	**The Trauma-Informed Coach** - Natalia Rachel
	May 11, 2023 | 01:00 PM - 02:30 PM	**The Power of Coaching – Achieving RoE & RoI** - Catherine Tanneau & Linda Mcloughlin
	May 11, 2023 | 07:00 PM - 08:30 PM	**Coaching Creatively with Collages** - Andrea Watts
In Person Events	May 12, 2023 | 8:30 AM - 9:00 AM	**Pre-event Networking**
	May 12, 2023 | 9:00 AM - 9:30 AM	**Energiser Session: Djembe With Human Rhythms**
	May 12, 2023 | 9:30 AM - 10:30 AM	**Elevate & Alleviate with TA** - Dr Habeebul Rahman
	May 12, 2023 | 11:00 AM - 12:00 PM	**Elevate and Transform: Awake and Release Your Fullest Potential** - Dr Darren Chua
	May 12, 2023 | 12:00 PM - 1:00 PM	**Coaching as a Strategic Driver of Organizational Performance** - Joydeep Bose

For more information: https://icfsingapore.org/icw-2023-elevate-your-greatness-within

Day 1: Monday 8 May, 2023

In-Person Meeting		
1:30 pm - 2:00 pm (30 mins)	**Pre-event Networking**	
2:00 pm - 2:30 pm (30 mins)	**Opening of ICW 2023** Official opening of ICW 2023 by ICF Singapore President Sonali Sinha followed by a keynote message from CEO of International Coaching Federation (ICF) Magdalena Nowicka Mook	**Magdalena Nowicka Mook** CEO, International Coaching Federation (ICF)
2:30 pm - 3:30 pm (60 mins)	**Kairos to Achieve Significance: Elevating coaching culture for the Greater Good** The session will focus on compelling need for organisations to build a strong mentoring and coaching culture not just to thrive sustainably but also for the greater good. This session has been approved for 0.25 CCE units in Core Competencies and 0.75 units in Resource Development	**Ian Wong** Managing Director, International Management, UOB Singapore
3:30 pm - 4:30 pm (60 mins)	**Accessing the Innate Wisdom from your Past** In this session with Dr. Saba Hasanie we will explore the belief that 'you can't know where you are going until you know where you've been' (Maya Angelou). This session will offer an expanded view of coaching that looks at the intersection of the past, present, and future. The session will focus on accessing the innate wisdom that comes from the past and how you can work with leaders to better understand how the past shows up in the present and impacts the view of the future. This session has been approved for 1 CCE unit in Core Competencies	**Dr Saba Hasanie** Managing Director, OSC Leadership Performance

Day 1: Monday 8 May, 2023

4:30 pm - 5:00 pm (30 mins)	**Refreshment Break and Networking**	
5:00 pm - 6:00 pm (60 mins)	**Elevate Your Coaching Greatness with a Proven Thought-Leadership Formula** In this session, we will delve into the mental aspects of building a successful coaching business. We will explore the importance of developing inner assurance and bravery to confidently share your content with others. We will also discuss strategies for creating a strong ecosystem to attract potential clients. We will examine why & how to get regularly booked on stages and use it as leverage. Finally, we will explore the advantages of developing online courses to further grow and expand your coaching business. This session has been approved for 1 CCE unit in Resource Development	**Jimmy Naraine** Entrepreneur, Bestselling Author Teaching 500,000 Students
6:00 pm - 6:30 pm (30 mins)	**Energiser Session: From Fear to Fit – The Synergy of Exercise and Coaching** During this engaging activity, participants will experience the powerful impact of exercise and coaching on their well-being. Through five simple exercises, we will transform fear into confidence and explore the body-mind connection.	**Geraldine Gauthier** Co-Founder of GoMasterCoach at GoMasterCoach
6:30 pm - 7:00 pm (30 mins)	**End of Day 1 - Networking**	

Day 2: Tuesday 9 May, 2023

8:00 am - 9:30 am (90 mins)	**The Future of Marketing: Embracing AI to Elevate your Greatness** The AI revolution has truly begun... Just like the industrial revolution and the Internet revolution, this will change our lives forever whether we are ready or not. This includes our coaching business. You need to understand the possibilities and pitfalls of this technology and how it can transform: 1) Your success & productivity in life including how you use the internet 2) Your business including how you attract clients 3) The coaching industry including how your role might improve, change or even be replaced...and virtually every area of your life that technology impacts like health, wealth, family and relationships **Key Takeaways** - Insights into the latest advancements in AI and ChatGPT technology 💻 - Understanding of the potential to revolutionize the way we live and work 🚀 - Knowledge of the opportunities and challenges that come with these technologies 💼 - Expert perspective from Cham Tang on the future of AI and ChatGPT 🔮 - Engagement in interactive discussions and Q&A sessions with the speaker 💬 This session has been approved for 0.5 CCE units in Core Competency and 1 units in Resource Development. **Post-session Q&A**	**Cham Tang** Head of Marketing and Co-Founder at Authentic Education

Day 2: Tuesday 9 May, 2023

1:00 pm - 2:30 pm (90 mins)	**Coaching the Elevation of Potential** Many coaching methods focus on changing mental and emotional habits, leaving evolution out of the equation. This presentation explores how evolution affects life and how being quantum intelligent increases personal growth and success. Participants will gain techniques they can immediately apply to their lives and their coaching. In this session, we will explore consciousness, evolution, human magnificence, and profound contribution as the outcomes of what we call evolutionary coaching. The evolutionary coach is an alchemist whose job is to stir the soul, connect people directly to their own source, expand them into their purest and greatest potential, and move us individually and collectively into the evolution of human consciousness and of life as we know it. **Key Takeaways** - How to coach potential vs coaching issues, problems, and challenges - How to coach mega beings with contributions to make versus small beings with problems to solve - How to coach emotion as the tip of potential rising understanding and passion to bring new possibilities to reality - How to coach in consciousness (in the bigger field) as well as in the physical one to one - How to coach breakthroughs in grace for permanent leaps in levels of being and becoming This session has been approved for 1.5 CCE units in Core Competencies. **Post-session Q&A**	**Zoran Todorovic** Senior Partner at TNM Coaching

Day 2: Tuesday 9 May, 2023

7:00 pm - 8:30 pm (90 mins)	**"What Role Does Supervision Play in Deepening Your Team Coaching Practice?"** Supervision for some may be a new concept and for others, you've already come to appreciate that being in supervision (either one to one or group) is proving crucial to enable you to explore and unravel the multiple layers in your team coaching assignments. You may be wondering what supervision involves, or the benefits of individual or group supervision as team coaches. In this practical dialogue, we'll take a look at some of the key issues and questions that you find yourselves facing in team coaching. We'll then consider the role and contribution that supervision can play to support you in your practice, supported by recent research that demonstrates how fruitful supervision can be to enable you to practise safely and effectively. After a short introduction, this is an interactive session where you'll be invited to participate in dialogue and breakouts with each other as much as with the facilitator. **Key Takeaways** - Awareness of the complexity and demands of team coaching - Appreciation of how coaching supervision supports you as practitioner - How to make the most of supervision with preparation, engagement - Develop your capacity to learn from reflection on your practice This session has been approved for 1.5 CCE units in Core Competencies. **Post-session Q&A**	**Dr Alison Hodge** Executive Coach, Coaching Supervisor & Change Consultant at Alison Hodge Associates

Day 3: Wednesday 10 May, 2023

8:00 am - 9:30 am (90 mins)	**Elevate Your Coaching Impact in Disruptive Times** The disruption caused by the pandemic has impacted every area of life, leadership, and business. As we move forward disruption is only going to increase in intensity and frequency (AI, global markets, banking challenges, war, etc). In this session, we will explore how success in disruption depends on mindset, virtues, and skills and understanding the greatest challenges facing business and those you coach. **Key Takeaways** You will learn the Antidote to - Stress and Burnout - Depression - Lack of Motivation Plus you will learn: - The #1 challenge facing business today - The #1 skill a leader must master – and how you can help that leader This session has been approved for 0.75 CCE units in Core Competencies and 0.75 CCE units in Resource Development. **Post-session Q&A**	**Tom Ziglar** CEO of Zig Ziglar Corporation

Day 3: Wednesday 10 May, 2023

7:00 pm - 8:30 pm (90 mins)	**Your Greatness Within – Strength versus Weakness** In this session, our speaker Julie Hay will present the TA concept where she has taken something that covers 5 ways in which we unconsciously sabotage ourselves when stressed and converted it to 5 different styles that can be strengths when brought into our awareness. She will invite participants into breakout groups to 'play' with the styles and identify their own individual preferences for one or two of the styles. This is intended to be a very interactive session with plenty of interaction with her. These interactions will also illustrate the styles. **Key Takeaways** - Ability to understand own strengths and potential weaknesses under stress - Self-awareness of ways to make better connections with clients with different styles - A simple model that can be shared with clients so they can also improve their interactions with others This session has been approved for 1 CCE unit in Core Competencies and 0.5 CCE units in Resource Development. **Post-session Q&A**	**Julie Hay** Programme Director of Psychological Intelligence Foundation CIC

Day 4: Thursday 11 May, 2023

8:00 am - 9:30 am (90 mins)	**Becoming Trauma Informed** The whole world is talking about trauma. With so many going through trauma right now and realizing how past trauma is showing up in their mental health, physical health, and relationships, it has become essential for coaches to adopt a trauma-informed approach. In this session, you'll learn what trauma is, how it decontextualizes and presents in your clients. You'll begin to learn the language of trauma, how to decode it, and empower your clients toward the healing they seek. This session will provide an introduction to somatics, covering both science and psychology and also highlight the importance of a relational approach to coaching. You'll get to witness a somatic inquiry demo as well as engage in an experiential process of tuning into your own somatic threat and safety responses. These insights will help you take clients out of their internal loop, threat cycles, and dysfunction and towards greater experiences of safety, empowerment, and transformation. **Key Takeaways** - By understanding and addressing trauma, you can help your client move beyond perceived limits - Know how to identify clear signs of unresolved trauma - Understand the concept of a bottom-up/somatic approach and how it can accelerate your coaching work - Being aware of your ability to either empower your client or retraumatize the client and can begin to harness the power of relationship for healing This session has been approved for 0.75 CCE unit in Core Competencies and 0.75 CCE units in Resource Development. **Post-session Q&A**	**Natalia Rachel** Author, Trauma Informed Educator & Human Intelligence Specialist at Illuma Health

Day 4: Thursday 11 May, 2023

1:00 pm - 2:30 pm (90 mins)	**The Power of Coaching - Achieving ROE & ROI** Demand for coaching services globally continues to grow apace according to ICF's 2022 Consumer Awareness Study. In line with this trend, corporate clients in particular require measures of coaching impact to align with their organizational KPIs and to justify budget spend. This 90-minute webinar will examine three main aspects of the topic: 1. Current research that demonstrates the value of coaching, particularly during times of transition 2. The role of the professional coach in partnering with clients to create agreements that include Return on Experience and Return on Investment 3. Relevant case studies that show how coaches and organizations have developed various direct and proxy measures for RoE and RoI that are both qualitative and quantitative. The presenters will share their own experiences of working with clients to create coaching cultures and how they have approached the challenge of RoE and RoI in designing agreements. **Key Takeaways** - Understand how the coach can deploy core competencies to create coaching impact and measures for clients - Appreciate the current research that highlights the impact and power of coaching globally - Learn from two current organizational case studies to appreciate different approaches to creating holistic measures. This session has been approved for 0.75 CCE unit in Core Competencies and 0.75 CCE units in Resource Development. **Post-session Q&A**	**Catherine Tanneau** CEO and ICF Coach, Keynote Speaker and Facilitator of Leadership Works International **Linda McLoughlin** Leadership Professor, Author & Keynote Speaker

Day 4: Thursday 11 May, 2023

7:00 pm - 8:30 pm (90 mins)	**Coaching Creatively with Collages** As an accomplished speaker, Andréa combines her playful nature and intense curiosity for her specialist subject to bring you a talk that is highly visual, interactive, and thought-provoking. As the first specialist in coaching with collage, her cornerstone talk, 'The Science Behind the Art' covers the theoretical concepts, neuroscience, and research that underpin the power of collage as an arts-based, creative coaching tool. Her talks are a combination of the: - power of images for communication - neuroscience of emotions and images - role of the unconscious, symbols, and visual metaphors in coaching - use of external visualisation for meaning-making - nature of personal storytelling - case for creativity in coaching **Key Takeaways** - An appreciation of how images work with the unconscious to enable deeper self-awareness for clients - Understanding the neuroscience of creativity and the value of using creativity in the coaching context - An opportunity for personal reflection on the ICW theme, promoting insight and clarity on what it means to 'Elevate Your Greatness Within' - Awareness of the psychology of coaching with collage This session has been approved for 0.75 CCE unit in Core Competencies and 0.75 CCE units in Resource Development. **Post-session Q&A**	**Andrea Watts** Coach, Trainer, Speaker and Author at UnglueYou®

Day 5: Friday 12 May, 2023

In-Person Meeting		
8:30 am - 9:00 am (30 mins)	**Pre-event Networking**	
9:00 am - 9:30 am (30 mins)	**Energiser Session: Djembe with Human Rhythms** As an interactive and fun session to facilitate team bonding, Human Rhythms will facilitate a program that helps your people become more engaged in the proceedings and so contribute more effectively towards a successful group outcome. When people feel good, they work at their best. Upbeat moods make people view others – or events – in a more positive light. That, in turn, helps people feel more optimistic about their ability to achieve a goal, enhances creativity and decision making skills. It also predisposes people to be helpful. This feeling enhances the co-operative spirit of the team and a Human Rhythms experience is the perfect metaphor for this.	

Day 5: Friday 12 May, 2023

9:30 am - 10:30 am (60 mins)	**Elevate & Alleviate with TA** Transactional Analysis, or TA, is a form of psychotherapy encompassing the theory of human personality and is a system for the improvement of personal functioning and human relations. As such it is useful in both clinical settings in the treatment of disorders where clients seek to alleviate their distress, and in coaching via elevation of the client's ability to build on what is good for themselves. During the session, core topics within TA will be introduced including Ego States, Transactions and Strokes, and Life Scripts, with exploration of the Archetypogram adapted from TA theory. By the end of the session, we aim to be able to 1. Construct a simple ego state model with an awareness of subsequent structural analysis of personality 2. Understand transactions and strokes 3. Have awareness of what Life Scripts are and how they can lead to Games 4. Apply the Archetypogram to crisis situations This session has been approved for 0.5 CCE units in Core Competency and 0.5 units in Resource Development.	**Dr Habeebul Rahman** Senior Consultant Psychiatrist at Tan Tock Seng Hospital
10:30 am - 11:00 am (30 mins)	**Refreshment Break and Networking**	

Day 5: Friday 12 May, 2023

11:00 am - 12:00 pm (60 mins)	**Elevate and Transform: Awake and Release Your Fullest Potential** As coaches, we understand one of the most basic principles of coaching is that situations will never change unless we change. It was the Greek philosopher Heraclitus (535 - 475 BC) who reminds us that "The only constant is change". This is a very empowering philosophy that we need to embrace in the work that we do and to the people that we want to impact. In this session, coaches will be encouraged to start their transformational journey as better coaches by elevating their mindsets in 5 key domain areas. The 5 key domain areas include: 1) elevate your purpose and transform your life 2) elevate your leadership and transform your team 3) elevate your relationships and transform your community 4) elevate your habits and transform your health 5) elevate your goals and transform your reality This session has been approved for 0.25 CCE units in Core Competency and 0.75 units in Resource Development.	**Dr Darren Chua** Inspirational Speaker & Empowerment Coach at Mindset Transformation Clinic

Day 5: Friday 12 May, 2023

12:00 pm - 1:00 pm (60 mins)	**Coaching as a Strategic Driver of Organizational Performance** This session will highlight the important role that coaching plays in building key skills and capabilities that help companies to succeed. It will cover the various facets of coaching in organizations from executive coaching to supervisor and peer level coaching. **Key Takeaways** 1. A deeper understanding of the role coaching can play to meet organization' s needs to develop its talent 2. Understanding of the various facets of coaching that are relevant in an organization 3. How can executive coaches partner with organizations to improve overall effectiveness of the coaching intervention This session has been approved for 0.5 CCE units in Core Competency and 0.5 units in Resource Development.	**Joydeep Bose** Managing Director & Global Head of Human Resources at Olam International Limited
1:00 pm - 1:30 pm (30 mins)	**End of Day 5 – Post-event Learning and Networking**	

Elevate your
Greatness
Within

ICF Singapore Charter Chapter

INTERNATIONAL COACHING WEEK

MAY 8-12 2023

Our line up of eminent speakers

Magdalena Novicka Mook
CEO, ICF Global

Ian Wong
Managing Director, UOB Singapore

Dr. Saba Hasanie
Executive Coach, Official Member - Forbes Council coaches

Jimmy Naraine
Executive Coach, Official Member - Forbes Council coaches

Cham Tang
Head of Marketing and Cofounder of Authentic Education

Dr. Alison Hodge
Executive Coach, Coaching Supervisor & Change Consultant

Tom Ziglar
CEO, Zig Ziglar Corporation

Julie Hay
Programme Director, Psychological Intelligence Foundation CIC

Linda McLoughlin
CEO and ICF Coach, Keynote Speaker and Facilitator

Catherine Tanneaun
Leadership Professor, Author & Keynote Speaker

Natalia Rachel
Author, Trauma-Informed Educator & Human Intelligence Specialist

Zoran Todorovic
Senior Partner, TNM Coaching

Andrea Watts
Coach, Trainer, Speaker and Author

Dr. Habeebul Rahman
Senior Consultant Psychiatrist and Head of Tan Tock Seng Hospital Department of Psychiatry

Dr Darren Chua
Disability Is Only In The Mind – MindsetTransformation Guru, International Inspirational Speaker, Executive Life Coach

Joydeep Bose
Treasurer & Global Board - ICF Global Managing Director & CHRO at Olam International Limited

Speaker Profiles

Magdalena Nowicka *Mook*

CEO, International Coaching Federation

Magda is the CEO of the International Coaching Federation. She acts as a strategic partner of ICF's leadership, including the Board and a variety of committees and task forces. Specializing in strategic planning, cultural competence, ethics, international affairs, and board governance, also oversees organizational budgets and manages the professional staff of the ICF. Magda is also a trained coach – she received her training from the College for Executive Coaching and also holds a certificate in the Fundamentals of Systemic Coaching.

Magdalena brings over a decade of experience in fundraising, consulting, and association management. Before joining International Coach Federation in October 2005, Magda held the position of Assistant Director of National Policy and Director of Development and the Council of State Governments, a national association of state officials in all three branches of government.

KEYNOTE MESSAGE

Monday, May 8
2:00 – 2:30 pm

Ian Wong
Managing Director, International Management, UOB Singapore

Originally geared towards medical studies, Ian took on a totally different path in university and eventually embarked on a career in banking, leading countries and enabling deals across Asia, Europe, and US. After leadership stints, including an overseas posting, with global banks like Bank of America and HSBC, Ian is now Managing Director and Group Head, International Management, at UOB. In this role, he is responsible for the international banking entities, venture management, global capital, and foreign direct investment advisory divisions.

A certified chief master coach, Ian strives to bring out the best in people and advocates for organizations to foster strong mentoring and coaching cultures so as to grow sustainably and purposefully.

He writes about personal inspirations, experiences, and learnings that colleagues and connections may find helpful as they navigate their career and life journeys, especially in today's "business as UNusual" environment. Invited by companies and universities to speak on topics to enable people to thrive internationally and intentionally.

KAIROS TO ACHIEVING SIGNIFICANCE: ELEVATING COACHING CULTURE FOR THE GREATER GOOD

Monday, May 8
2:30 – 3:30 pm

Dr. Saba Hasanie
Managing Director
OSC Leadership Performance

Dr. Saba Hasanie is the Managing Director and Senior Partner at OSC Leadership Performance. A market leader in the APAC region, OSC works with some of the most influential global clients across several industries. Dr. Saba is a practitioner-scholar, coach supervisor, and seasoned executive coach. Saba is a master–practitioner with over 25 coaching & psychology certifications, a diploma in coaching supervision, a Doctorate in coaching psychology, a published author, and part of the prestigious Forbes Coach Council. Dr. Saba is often invited to speak on global platforms about her work in coaching, academia, and her passion for tapping into the innate wisdom that comes from our past.

Saba originally hails from Canada but has called Singapore her home for the past 13 years.

ACCESSING THE INNATE WISDOM FROM YOUR PAST

Monday, May 8
3:30 – 4:30 pm

Jimmy Naraine
Entrepreneur, Bestselling Author Teaching 500,000 students

Jimmy Naraine delivers corporate training for Fortune 500 companies worldwide, including Chemours and Westpac. He has explored 78 countries presenting at hundreds of prestigious events such as Afest, MindvalleyU, DigitalK, and NomadsBA, to name a few. Jimmy is also an entrepreneur, a Mindvalley Author, and Udemy Partner with almost 500,000 students in 190 countries and 70,000 official testimonials. His bestselling courses have received multiple mentions from publications such as Forbes, Entrepreneur, FoxNews, TRT World, El Economist, Gulf Today, and Business Insider.

Jimmy previously worked for companies such as Allianz and Goldman Sachs. However, what sets Jimmy apart is his adventurous spirit. He's a polyglot who has been traveling full-time for 10 years, trying a wide variety of unique experiences, from training Muay Thai in Thailand, exploring Colombian jungles, surfing in Bali, to hiking the Himalayas.

ELEVATE YOUR COACHING GREATNESS WITH A PROVEN THOUGHT-LEADERHIP FORMULA

Monday, May 8
5:00 – 6:00 pm

Cham Tang
Head of Marketing and Co-Founder, Authentic Education

Cham Tang, is the Head of Marketing and Co-founder of Authentic Education. An AFR Fast 100 Company established in 2009 that teaches an ICF credentialed coaching course. The Huffington Post called Authentic Education "Australia's leading training company helping people do what they love"

Cham is a marketing and client attraction expert. He is passionate about showing people how to attract clients consistently, (even if they are a beginner, on a budget or bad with computers!)

With almost 20 years' experience in the Personal Development industry, Cham has worked with Anthony Robbins, Dr John Demartini, and over 450 coaching businesses around the world including Singapore, Malaysia, Hong Kong, Japan, USA and Australia.

Having invested millions of dollars in advertising over the last 14 years, Cham is also personally mentored by Facebook and is a Facebook certified professional planner.

He has appeared in the media such as SBS Insight, Sydney Morning Herald, Huffington Post and news.com.au.

With his dynamic and no BS presenting style, he is passionate about helping people attract more clients and get rewarded for it.

THE FUTURE OF MARKETING: EMBRACING AI TO ELEVATE YOUR GREATNESS

Tuesday, May 9
8:00 – 9:30 am

Zoran Todorovic
Senior Partner at TNM Coaching

MCC Zoran Todorovic has created TNM Coaching an extraordinary coaching community where he works as a Senior Trainer and Mentor Coach. As a TNM Coaching Academy Trainer and Mentor, he brings 20 years of coach training and mentoring experience and has trained thousands of coaches globally. His roles have ranged from a life coach, team coach, mentor coach, coach supervisor, and TNM Coaching Academy Training Director.

COACHING THE ELEVATION OF POTENTIAL

Tuesday, May 9
1:00 – 2:30 pm

Dr Alison Hodges
Executive Coach, Coaching Supervisor & Change Consultant at Alison Hodge Associates

My work with clients, be it in supervision, group facilitation, or experiential workshops, is based on co-creating collaborative learning relationships that support clients' personal and professional development. What I love about this work is the emergent nature of how we build the relationship, of the co-creative enquiry. I see supervision or reflective practice as exploration, I see it as a place for us to be curious, I see it as a place to investigate, you, me, us, your client, your clients' systems, and actually then we can look at the theories and models that might support you, the practices that support you and how you can bring as much of yourself as is relevant into this work to affirm, to inspire, to help the learning of your clients, be that on a one-to- one basis or with groups and teams.

For me, by exploring our practice through dialogue, with curiosity in our experience, we can have fun at the same time are able to deepen the learning and development that occurs through our relationship, the client issues that we investigate and our subsequent reflections.

"WHAT ROLE DOES SUPERVISION PLAY IN DEEPENING YOUR TEAM COACHING PRACTICE?"

Tuesday, May 9
7:00 – 8:30 pm

Tom Ziglar
CEO of Zig Ziglar Corporation

As CEO of Zig Ziglar Corporation, Tom Ziglar carries on the Ziglar philosophy: "You can have everything in life you want if you will just help enough other people get what they want."

He has written two books, Choose to Win in 2019 and 10 Leadership Virtues for Disruptive Times, published and released in December 2021. Both of these books expand the Ziglar branding and philosophy in personal development and leadership and provide the backbone for the most innovative coaching program in the world. A more productive, fulfilling, and meaningful life is available to those willing to follow his easy-to-implement sequence of making one small choice at a time through the time-tested seven key areas: mental, spiritual, physical, family, financial, personal, and career.

Tom speaks around the world to billion-dollar companies, small business owners, and prestigious academic institutions, including Cambridge and Harvard. Leadership, business, and performance are among Tom's favoured topics.

ELEVATE YOUR COACHING IMPACT IN DISRUPTIVE TIMES

Wednesday, May 10
8:00 – 9:30 am

Julie Hay
Programme Director of Psychological Intelligence Foundation CIC

Many years of experience in individual and organisational development internationally, spanning airlines, banking and insurance, oil industry, engineering and construction, research, advertising, computer manufacturing and IT, major retail chains, pharmaceutical multinationals, local government, police, probation, prisons (including as psychotherapist in a high security prison), court, customs and taxation services, and the armed forces.

Teaching & Supervising Transactional Analyst as organisational, educational, counselling /coaching & psychotherapy (4 qualifications).

She was the past president of both International & European associations; leads World Online TA Association and International Centre for TA Qualifications; has taught TA in over 40 countries. Founding director in 2003 of EMCC and became President when it became a truly European Board instead of UK only.

Licensed NLP Trainer (by Richard Bandler); has master's degrees in management and in psychotherapy; and is the author of books on TA, NLP, assessment centres, and coaching/mentoring.

YOUR GREATNESS WITHIN – STRENGTHS VERSUS WEAKNESSES

Wednesday, May 10
7:00 – 8:30 pm

Natalia Rachel
Author, Trauma-Informed Educator & Human Intelligence Specialist at Illuma Health

Natalia shares her voice to begin to remedy the world's state of hustle, trauma, bias, disconnect, and disrespect. Her insights into the human condition and our profound need for healing, self-compassion, empathy, and human connection, inspire audiences to awaken their hearts, illuminate their patterns and step forward towards self-care and relational repair. She is a proud recipient of the Women Icons Asia Award (emerging entrepreneur) for social impact in the domain of trauma-informed culture transformation & self-mastery education. Natalia's highly anticipated book 'Why Am I Like This?' launched last year with Penguin Random House.

Natalia brings an amalgamation of knowledge from years working as a therapist and clinic director with a focus on trauma & abuse recovery, as well as her own personal journey recovering from mental health misdiagnosis and physical health conditions that stemmed from childhood trauma. She currently has a focus on social impact and culture transformation via keynote speaking, consulting, and teaching her flagship leadership program 'Human Intelligence' around the world. Her goal is to bring trauma work to the mainstream and bridge the gap between mental health, diversity equity, inclusion, and human sustainability.

Heal your trauma. Change the world.

BECOMING TRAUMA INFORMED

Thursday, May 11
8:00 – 9:30 am

Linda McLoughlin
CEO and ICF Coach, Keynote Speaker and Facilitator of LeadershipWorks International

Linda McLoughlin MCC is an award-winning Master Coach with a global reach. She works across Europe, Middle East, Africa, and America. Linda specializes in coach & executive education, passionate for gender and cross culturally.

Linda is past ICF Vice Chair/Professional Coaches Board. Linda was awarded 'Coach of the Year', 'Mentor Coach of the Year'-ICF Ireland, 'Top Leadership Coach' - Coach Foundation.
Linda is currently partnering with a police force; an oil company and a telecoms provider to develop coaching cultures in the Middle East. She is the co-author of two books on leadership and change.

THE POWER OF COACHING – ACHIEVING ROE & ROI

Thursday, May 11
1:00 – 2:30 pm

Catherine Tanneau
Leadership Professor, Author & Keynote Speaker

Catherine Tanneau, MCC, specializes in executive coaching and organizational transformation, the CEO of Variations & Activision. Catherine is a Leadership Professor at HEC Paris, an author, a keynote speaker, a coach trainer, and the past Chair of the ICF Professional Coaches Global Board. Catherine is committed to helping boards and CEOs, leaders, and their teams in managing complex and multicultural environments across 3 continents.

She specializes in leadership & change management, team mobilization, and sustainability. Catherine is engaged for more than 20 years in ICF, promoting coaching excellence and ethics. She is the author of three books dedicated to Leadership and coaching.

THE POWER OF COACHING – ACHIEVING ROE & ROI

Thursday, May 11
1:00 – 2:30 pm

Andrea Watts
Coach, Trainer, Speaker and Author at UnglueYou®

Andréa Watts is the first specialist in coaching with collage and founded UnglueYou®, her coaching business in 2012.

Andréa's vision is:
"To see the Collage Coaching Technique™ used globally as a creative coaching tool for releasing people's potential". To enable this ambition, she delivers ICF accredited training for coaches on using her 3 stage framework, the Collage Coaching Technique™.

She also guest lectures on Coach Psychology programmes at several London Universities, was honorary lecturer at City, University London and the Coaching in Context module lead at Birkbeck University.

To further share her knowledge and passion for creativity in coaching Andréa authored 'Collage as a Creative Coaching Tool: A Comprehensive Resource for Coaches and Psychologists', published by Routledge in 2022.

As an accomplished coach, facilitator, trainer and speaker, in addition to her 1-1 coaching her clients include the United States Air Force, Moet Hennessey, and multinational corporations.

COACHING CREATIVELY WITH COLLAGES

Thursday, May 11
7:00 – 8:30 pm

Dr Habeebul Rahman
Senior Consultant, Psychiatrist, Tan Tock Seng Hospital

A/Prof Habeebul Rahman's area of expertise is in psychotherapy, having trained in psychodynamic psychotherapy, cognitive behavioral therapy, transactional analysis, and mentalisation-based therapy among others.

He sits on various advisory committees in psychiatry and teaches at undergraduate and postgraduate levels including YLL School of Medicine, Lee Kong Chian School of Medicine, National Psychiatry Residency Training program, and the Singapore Medical Association Centre for Medical Ethics and Professionalism.

ELEVATE & ALLEVIATE WITH TA

Friday, May 12
9:30 – 10:30 am

Dr Darren Chua

Inspirational Speaker & Empowerment Coach at Mindset Transformation Clinic

Dr. Darren is a thought leader in the field of mindset shifts. He prescribes strategies for business leaders, team builders, and aspiring individuals to help achieve their breakthroughs using mindset transformations that result in peak performance and maximization of human potential which leads to mind-body optimization.

He is an international inspirational speaker, author, business-executive-life coach, Board member of a few NGOs, and a national para-athlete. He believes that in everything that we do we are meant to fly higher, dive deeper, run further, and be better. As such, he lives his life with the motto, "Disability Is Only In The Mind".

ELEVATE AND TRANSFORM: AWAKE AND RELEASE YOUR FULL POTENTIAL

Friday, May 12
11:00 – 12:00 pm

Joydeep Bose
Managing Director & Global Head of Human Resources at Olam International Limited

Leading the function he has played a key role in the growth of Olam from a privately held company with 2500 employees to being publicly listed with more than 50,000 full time employees.

Joydeep has extensive experience in the Human Resources field having worked in industries such as chemicals, technology, food and agriculture. His expertise is in the areas of organization performance enhancement, transformational change, mergers & acquisitions.

Joydeep has focused on drawing a close link between talent strategies and business outcomes. He is passionate about building and developing leaders. In his experience, coaching has a significant role in leadership development. To pursue this interest further, he has taken on a volunteer role as Board Member, ICF Global Board for Coaching in Organizations at International Coaching Federation.

Coaching as a Strategic Driver of Organizational Performance

Friday, May 12
12:00 – 1:00 pm

Elevate your Greatness Within

ICF Singapore Charter Chapter

INTERNATIONAL COACHING WEEK

MAY 8-12 2023

A big Thank you to our Sponsors and Supporters

Platinum Sponsor

GO MASTER COACH

Gold Sponsors

ELF
CULTURE . TALENT . GROWTH
AUTHORIZED PARTNER OF CRR Global

The School of Positive Psychology

Silver Sponsor

CoachBase

Design Sponsor

MSW
MIND·SPIRIT·WORKS
Write | Publish | Flourish

ICW 2023 Sponsors

We thank our sponsors for supporting the making of ICW Singapore 2023

PLATINUM SPONSOR

GO MASTER COACH

At GoMasterCoach, our mission is to help others develop their coaching skills through the ICF Certification and the Coaching Toolbox.

Joining our training, you will receive a cutting-edge coaching program based on industry research and neurosciences, including NLP Techniques, free access to our one-of-kind Coaching Toolbox Platform, and a truly transformative journey during which you will be coached!
GoMasterCoach's ICF-Accredited Coaching Certification Program is available both in-person in Singapore and 100% online.

What's more, our support goes beyond the program! We offer unlimited hours of group mentoring, preparation for the ICF ACC exams (our alumni have 100% success rate), a peer coaching network with 150+ coaches from all over the globe, opportunities for business collaborations, and much more

For more information: https://www.gomastercoach.com/

GOLD SPONSOR

ELF
CULTURE . TALENT . GROWTH
AUTHORIZED PARTNER OF CRR Global

We offer public and in-house programs as CRR Global Alliance Partner in Asia Pacific. The Organization and Relationship Systems Coaching (ORSC®) is the first Systems and Team Coaching to be Internationally Accredited and recognized by the International Coach Federation (ICF).
Considered as the Gold Standard in Coaching as well as a rigorous toolkit for practitioners working with organizations, teams and even partnerships and family; ORSC is based on Systems Thinking, Process Work, Organisational Development (OD) Theory, Family Systems Therapy, Alternate Dispute Resolution theories.

Gain access now to continue your journey to be an ICF Accredited Team Coach.

- World's 1st ICF Accredited ACTP Systems Coaching Program
- Present in 15 countries including Singapore and Australia
- Benchmarks in creating coaching cultures within organizations
- Pioneers in Systems Approach to coaching teams, partnerships and leadership
- Be part of the 20,000 graduates that make up the global and regional communities of practice
- Part of training recommended for Agile Coaches

Register here:
https://elf-coaching.trainercentral.com/#/allcourses

For more information: https://www.crrapac.com

GOLD SPONSOR

The School of Positive Psychology

A well-being pioneer since 2007, The School of Positive Psychology (TSPP) has been the only institution based out of Singapore dedicated to promoting the art and science of Positive Psychology globally. We build flourishing individuals and organisations through accredited academic programmes and corporate consultancy services focusing on well-being, leadership and DEI strategies using evidence-based Positive Psychology research and coaching methodologies.

For more information: https://www.positivepsych.edu.sg/

SILVER SPONSOR

CoachBase is a cutting-edge digital coaching platform that connects clients seeking coaching services with professional coaches from around the world.

As in the sports industry, where athletes have coaches to guide them towards optimal performance, CoachBase aims to democratize access to coaching services, empowering individuals, businesses, and organizations to achieve their goals with the help of expert coaches.

Whether you are a coach seeking to improve your professional skills and expand your business, or a private or corporate client in need of top-quality coaching, CoachBase is the ideal platform for you.

Additionally, on the platform, student coaches have the opportunity to engage in peer-to-peer coaching and coach real clients at a competitive fee, helping foster a community of growth, skill enhancement, and positive relationships.

For more information: https://www.coachbase.io/

DESIGN SPONSOR

MSW
MIND·SPIRIT·WORKS
Write | Publish | Flourish

Mind Spirit Works (MSW) is a publishing house dedicated to creating brands & selling books worldwide.

With a focus on spirituality, personal development & holistic living, MSW produces high-quality books & branding for coaches, consultants, entrepreneurs & creative writers that inspire & empower readers to live their best lives.

Our authors are thought leaders & experts in their fields, & our books provide practical guidance, wisdom & inspiration to readers around the globe.

As a publishing house, MSW is committed to creating brands that stand the test of time & to helping our authors build their platforms & grow their readership.

Join us on our mission to make the world a better place, one book at a time.

Mind Spirit Works

Write, Publish, Flourish

For more information: https://www.mindspiritworks.com/

Please note that sponsors enjoy advertising arrangements in support of ICW-SG 2023. Neither the ICF or ICF Singapore Chapter endorse any coach, coaching school or coaching methodology

ICW SG 2023 Executive Team

ICW Singapore 2023 is organised by a team of Leader Volunteers from ICF Singapore Chapter Board Members and ambassadors. We are proud to serve you.

Contact us if you have any queries.
Email contact: icw@icfsingapore.org

Executive Team

Conference Director: Amily Ang
Program Directors: Lisa Yeoh, Madhuri Kale and Nitya Rao-Perera
Speaker & Talent Management Directors: Nitya Rao-Perera, Lisa Yeoh
Sponsorship Directors: Nitya Rao-Perera and Madhuri Kale
Marketing Director: Madhuri Kale
Ticketing Director: Amit Ghosh

Ambassadors:
Cheong Choy Kiew
Suchitra Parameswaran (Suchi)
Rachel Khoo
Indrani Banerjee
Chris Ong
YuanTai